

County of San Diego –
MHSA Prevention & Early
Intervention Plan

Thirty-Day Public Review
19 September 2008

General Information

- ☐ Current PEI Funding FY08-09 at ~\$19 million
- ☐ Anticipate enhancement in FY09-10 to ~\$22 million
- ☐ Unspent from FY07-08 ~\$7 million
 - "One-time" use for start up, equipment, training costs
 - Pilot Projects
- ☐ Timeline
 - November present to Board and State
 - Early Implementation (FY08-09)
 - Competitive Procurement (FY09-10)

Primary & Secondary Prevention –
Media Campaign (PS01)

- ☐ Service: Media Based Education & Outreach – Universal Stigma and Suicide Risk Campaign
 - Secondary outreach & engagement to targeted populations/regions identified in other PEI Projects
 - Fotonovela & other thematic messages
 - Cultural Brokers, Latino & Native American Communities
- ☐ Population: All Ages, All Regions
- ☐ Funding: \$1,717,600

**Primary & Secondary Prevention –
Youth Peer Support Line (PS02)**

- ☐ Service: Peer-to-peer phone “warm line” – not therapy – support and referrals
- ☐ Population: Children, Adolescents, TAY
 - All Regions of San Diego County
 - Estimated outreach to 1040 contacts
- ☐ Funding: \$191,560

**Primary & Secondary Prevention –
Family Peer Support Line (PS03)**

- ☐ Service: Peer-to-peer phone “warm line” – not therapy – support and referrals
- ☐ Population: Adults/Older Adults – families of children/youth
 - All Regions of San Diego County
 - Estimated outreach to 1040 contacts
- ☐ Funding: \$191,560

Veterans and Their Families (VF01)

- ☐ Service: Outreach and mental health education/awareness to returning veterans & families
 - Training for providers
 - 24/7 Hotline & Website
 - Peer support – system navigation assistance
- ☐ Population: All Ages
 - Primarily North Coastal, but more regions
 - Estimated outreach to 1000
- ☐ Funding: \$1,000,000

**Domestic & Community Violence –
South Region Point of Engagement
Services (DV01)**

☐ Service: In-home mental health
assessment & referral for children, youth &
families involved in crisis child protection
decisions

☐ Population: All ages

- South Region of San Diego County
- Referred by Law Enforcement/CPS
- Estimated 1450 contacts

☐ Funding: \$500,000

**Domestic & Community Violence –
South Region & Polinsky Children's Center
Trauma Exposed Services (DV02)**

☐ Service: In-home preventive intervention
for trauma exposed children through CPS
contact (DV01), as well as at Polinsky.

☐ Population: Children & Youth

- South Region of San Diego County
- Polinsky Children's Center
- Estimated 700 contacts

☐ Funding: \$800,000

**Domestic & Community Violence –
Children, Youth & Families Exposed to
Community Violence (DV03)**

☐ Service: Education & outreach to child-siblings &
families of gang members, as well as community
violence mental health crisis response

- Program will be expected to work closely with
Schools

☐ Population: Children/youth & families

- Central Region of San Diego
- Referrals from law enforcement, schools, other
sources
- Estimated 200 Contacts

☐ Funding: \$500,000

**Rural Communities –
Integrated Behavioral Health & Primary
Care Services (RU01)**

- ☐ Service: Universal Behavioral Health screen and early intervention mental health services in primary care clinics
- Program will be expected to work closely with Schools

- ☐ Population: All Ages
- East, North Inland Regions of San Diego
 - Estimated 3800 contacts

- ☐ Funding: \$1,400,000

**Native American Communities –
Elder Services Program (NA01A)**

- ☐ Service: Use of elder community for intergenerational activities to enhance community cohesion, cultural affiliation, social support, and peer navigators

- ☐ Population: All Ages
- Embedded within Native American Communities
 - Estimated 100 contacts

- ☐ Funding: \$316,000

**Native American Communities –
Urban American Youth Center (NA01B)**

- ☐ Service: Activities that promote wellness, independence, cultural support and mental health awareness

- ☐ Population: Children & Youth
- Urban Tribal Density / Central San Diego
 - Estimated 95 contacts

- ☐ Funding: \$ 431,000

**Native American Communities –
Outreach & Prevention Program (NA01C)**

☐ Service: Community based education & awareness of mental health prevention, early intervention, and general wellness

☐ Population: All Ages
■ Embedded within Native American community activities
■ Estimated 1025 contacts

☐ Funding: \$491,000

**Native American Communities –
Suicide Prevention Program (NA01D)**

☐ Service: Community based suicide awareness for risk factors, early detection, and intervention

☐ Population: All Ages
■ Embedded within Native American communities
■ Estimated 810 contacts

☐ Funding: \$362,000

Early Childhood Services (EC01)

☐ Service: Screening and early intervention services through 15 Head Start Centers, using parenting skills training (Triple P)
■ At least 3 Centers to be School-Based
■ Pilot: Training at 50 school on Triple P to potentially benefit 15,000 students

☐ Population: Children 0-5 & families
■ Central & North Coastal (Veterans' families)
■ Estimated 1125 intervention contacts

☐ Funding: \$1,200,000

Children/Adolescent School Aged
Services—

School-Based Program (SA01A)

- ☐ Service: School-based referrals of at-risk children & adolescents and early intervention. Positive Behavioral Support services as universal screen, preventive interventions, and array of evidenced based practices for early intervention
- ☐ Population: Pre-K through 6th Grade
 - Two or more Regions of County, including East Region
 - Estimated 3100 contacts
- ☐ Funding: \$1,800,000

Children/Adolescent School Aged
Services—

Family Outreach Program (SA01B)

- ☐ Service: Family education and peer-based intervention services for families of children identified in SB01A
- ☐ Population: Families of children/youth identified in SA01A
 - Estimated 1550 contacts
- ☐ Funding: \$1,000,000

Children/Adolescent School Aged
Services—

School-Based Suicide Prevention (SA02)

- ☐ Service: School-based education and awareness of risk factors, early warning signs, and referral for intervention
 - Based on California Department of Education Guidelines (2005)
- ☐ Population: Children, Youth and Adults
 - Students & staff
 - Adolescent through College
 - All Regions of San Diego County
 - Estimated 2000 contacts
- ☐ Funding: \$818,000

First Break of Mental Illness – "Cool" Program (FB01)

- ☐ Service: Intervention at early manifestation of psychotic illness (Prodromal Stage)
 - Screening by multiple gatekeeper sources: schools, outpatient clinics, primary care
 - Mobile Outreach & engagement to youth & families
 - Short-term intervention of clinical & educational services
- ☐ Population: Youth & Adult, 14-25 years
 - Central Region of San Diego
 - Estimated 350 clients
- ☐ Funding: \$1,300,000

Co-Occurring Issues – Bridge to Recovery Program (CO01)

- ☐ Service: Screening, brief mental health intervention & intensive case management for at-risk individuals
 - Quadrant III, High Substance Users, Low Mental Health
- ☐ Population: Adults & Older Adults (18+)
 - Identified at County Psychiatric Emergency
 - High suicide risk
 - All Regions of San Diego County
 - Estimated 1800 contacts
- ☐ Funding: \$1,500,000

Co-Occurring Issues – Mental Health Services in Alcohol & Drug Services Programs (CO02)

- ☐ Service: Partnership of Mental Health prevention education & early intervention services embedded within ADS programs
 - At least 9 programs
- ☐ Population: Consumers & their families - All Ages
 - All Regions of San Diego County
 - Estimated 720 contacts
- ☐ Funding: \$1,000,000

**Older Adult Community –
Elder Multicultural Access & Support
Services (OA01)**

- ☐ Service: Community based outreach, prevention education on mental health risks, linkage & referrals – peer counseling & support
- ☐ Population: Older Adults in multicultural communities
 - All Regions of San Diego County
 - Estimated 800 contacts
- ☐ Funding: \$476,574

**Older Adult Community –
Home Delivery Meals (OA02)**

- ☐ Service: Delivery drivers as initial gatekeepers, referral for follow-up assessment of need, brief in-home intervention for early intervention
- ☐ Population: Home bound Older Adults
 - Central & North Regions of San Diego County
 - Estimated 400 contacts
- ☐ Funding: \$465,192

**Older Adult Community –
Life Long Learning: Aging & Wellness
(OA03)**

- ☐ Service: Educational curriculum on mental health risks/awareness, wellness, normal aging
 - Offered in community settings
 - Multiple focus including: Seniors, family/caregivers, health & allied professional
- ☐ Population: Older Adults
 - Estimated 500 contacts
 - All Regions Eligible
- ☐ Funding: \$158,079

**Older Adult Community –
Resource for Enhancing Alzheimer’s
Caregiver Health (OA04)**

- ☐ Service: Community based outreach using structured support services, including education, stress management, problem solving, and referral
- ☐ Population: Caregivers of Alzheimer’s patients
 - South Region of San Diego
 - Outreach to Hispanic community
 - Estimated 400 contacts
- ☐ Funding: \$438,077

**Older Adult Community –
Salud Program (OA05)**

- ☐ Service: Outreach & education, including mental health screening and early intervention, using Promotora model
- ☐ Population: Older Adults with Diabetes
 - North Inland, North Coastal, South Regions of San Diego
 - Outreach to Hispanic Communities
 - Estimated 400 contacts
- ☐ Funding: \$525,936
